

# ABC Tracker

## Routines Analysis

Student: \_\_\_\_\_

Grade \_\_\_\_\_

Staff: \_\_\_\_\_

Date: \_\_\_\_\_

**\*\*If you only work with the student during a single routine or subject (e.g. you are the P.E. teacher or you teach the student in one subject) you can disregard the routines analysis and go on to Part B.**

**ROUTINES ANALYSIS:** Complete the student's daily schedule (Time & Routine/Subject columns). Next rate the Likelihood of Problem Behavior for each routine. **For routines rated 5 or higher**, complete the final two columns: Identify the Problem Behavior and Current Interventions.

Time	Routine/Subject/Activity & Staff Involved	Likelihood of Problem Behavior	Identify Problem Behavior(s)	Current Intervention for the Problem Behavior
8:45-9:45	<b>Example:</b> Math w/ Mrs. Jenkins	Low 1 2 3 4 <b>5</b> High 6	Disruptive/Defiant; negative comments	Move to Seat next to teacher's desk
		1 2 3 4 5 6		
		1 2 3 4 5 6		
		1 2 3 4 5 6		
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**Prioritized Routine:** Based on the ratings above select the routine or subject of greatest concern. Complete Part B of this form during the prioritized routine to track the student's A-B-C sequences.

	Routine/Subject/Activity	Problem Behavior(s): Provide an Observable & Measurable Definition
Routine # 1		

Is Behavior of Concern an Immediate Danger to self/others?	YES NO (Circle One)	If <b>YES</b> , refer case to Behavior Specialist immediately
If the behavior is <b>NOT</b> an immediate danger to self or others – the staff member should fully complete the ABC Tracker on the back side of this form to better understand the behavior.		

# ABC Tracker

Part B

Student \_\_\_\_\_

Staff \_\_\_\_\_

Dates \_\_\_\_\_

Identify a student with recurring challenging behavior. Focus on a single routine (see Part A to identify and prioritize a routine) and track occurrences of the problem behavior during the prioritized **routine (subject or time of day)**. Each time a problem behavior occurs during this routine over the next weeks document the A-B-C sequence. Use the data collected to identify patterns or trends across occurrences to form a **Summary Statement** describing the student's behavior below.

Prioritized Routine/ Subject/ Activity (see p. 1) →		Time of Day:	Start time: End time:
Date/Time	When... (Antecedent)...happens	The Student.... (Behavior)	And as a result.... (Consequence)
<b>Example</b> Date: Feb 8 Time: 10:25	Asked to complete worksheet (multi-digit multiplication & work problems) independently	Verbally refuse to work, say "This is stupid", wander room & make negative comments	Teacher will leave student alone & students gets to avoid difficult task/worksheet
1 <sup>st</sup> Incident Date: Time:			
2 <sup>nd</sup> Incident Date: Time:			
3 <sup>rd</sup> incident Date: Time:			
4 <sup>th</sup> incident Date: Time:			
5 <sup>th</sup> incident Date: Time:			

<b>Routine:</b>		
<b>Antecedent/Trigger:</b>		
When _____	→	<b>Behavior:</b>
_____ happens		
	→	<b>Consequence/Outcome:</b>
		the student _____ and as a result, _____

Therefore, the function of the behavior is to **get / avoid** \_\_\_\_\_.  
 (circle one) (detail what is obtained or avoided)